

# LEO News

## Thank you for joining us on our Journey!

Over 200 supporters of our organization enjoyed good food, good company, and great singing at our 2013 fundraising luncheon, "It's About the Journey." The success of the event can be measured by the more than \$90,000 raised to support our work of providing a quality life for those with developmental disabilities, as well as by the many smiles from the touching story of LEO's history, as told by Rose and Leo Finnegan, and the inspiring performance by the Issaquah Parks and Recreation chorus class for those with special needs.

Master of Ceremonies John Curley kept everyone entertained while also accurately describing the ever growing needs of the special needs community that LEO works so hard to support. The chorus' touching rendition of the Josh Groban song,



"You Raise Me Up," as directed by Sue Vigal and Howard McOmber, reflected the appreciation our organization, and those we serve, feel for all of our wonderful supporters.

Our sincere thanks go out to our sponsors and our raffle prize donors for their generous contributions. We would also like to express our heartfelt thank you

to everyone who attended, and to those who sent donations to support our mission of building a caring, supportive community for our most vulnerable citizens. With your support, we are now closer than ever to our goal of a fourth adult family home, which will make dreams of independent living come true for five more young adults.

*Thank you!*



*Marv and Susan Nielsen of Sunset Hiway Cruisers, luncheon sponsors*



*Rose, Leo and Tim Finnegan*

## LEO sincerely thanks the following Luncheon Sponsors

### **PINNACLE SPONSOR**

Mike Ernst and Carol Weisbecker

### **DIAMOND SPONSOR**

Bill Petschl and Nancy Kvinge  
PNW Home Builders North, LLC  
Sunset Hiway Cruisers

### **PLATINUM SPONSOR**

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### **ELITE SPONSOR**

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Issaquah Highlands Counseling Group  
Rebecca Kitz, CPA  
Swedish Medical Center  
The Whitaker Foundation



*Luncheon sponsors Mike Ernst and Gary Young (PNW Home Builders North) with Patrick Sheehan*

## LEO sincerely thanks the following Donors

### **RAFFLE AND CENTERPIECE DONORS**

Holland America Line  
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Cindy Nails  
Carole Viney  
Garry Anderson, Ganderson Fly Fishing  
Clayton & Kathryn Stueckle, CKC LLC

### **IN-KIND**

Kevin Scott- Luncheon graphic design



## Give a gift donation for someone on your list

Do you have someone on your holiday gift list that you would like to give a meaningful and different gift to? Then please consider making a gift donation to LEO in their name and you can both enjoy the feeling of having made an impact on the lives of people with developmental disabilities.

Or are you thinking of making an end of the year charitable contribution to a nonprofit? Your contribution to Life Enrichment Options goes to fund supportive housing, employment opportunities, recreation and community education leading to secure and satisfying life in their community.

To make a donation, contact LEO at [info@lifeenrichmentoptions.org](mailto:info@lifeenrichmentoptions.org) or call (425) 395-6688.

Other ways to donate:

- Donate your used vehicle, regardless of condition, by calling 1-855-527-2232.
- Designate LEO when contributing to the United Way.
- Designate LEO when contributing to the Washington State Combined Fund.
- In-kind donations by contacting LEO at 425-395-6688.
- Leave a legacy by contacting LEO to receive more information.
- Use GoodSearch and identify Life Enrichment Options as your search engine and use GoodShop when you buy something via the internet. LEO will benefit both ways.



## Eat healthy and get energized with Zumba!

LEO's Fall Forum was an evening of delicious, healthy food and fun, exuberant Zumba dancing! The first LEO forum to be held in North Bend, the event attracted over 50 people who started off the evening by enjoying a healthy spaghetti dinner provided by LEO and prepared by the Snoqualmie Outreach Committee. Following dinner, Certified Nutritionist Susan Gins discussed eating a balanced diet and why eating (or drinking) greens is so important for good health. Then it was time to get up and Zumba! Instructor Jill Saitta kept everyone moving with great music and great energy.

We were happy to have The Tavon Center join us for this event. Tavon provides meaningful daily experiences for young adults with disabilities in a caring, productive environment through gardening, caring for animals, and selling produce and eggs at local farmers' markets.

To learn more about the Tavon Center, go to [www.tavoncenter.org](http://www.tavoncenter.org).



Life  
Enrichment  
Options

P.O. Box 117  
Issaquah, WA 98027

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➤ To learn more about LEO,  
make a donation or  
join our mailing list, visit

[www.lifeenrichmentoptions.org](http://www.lifeenrichmentoptions.org)

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## Interested in Getting Involved with LEO?

New members are always welcome to join our Issaquah and Snoqualmie Valley Outreach Committees. The committees meet just four times each year, planning the spring and fall educational presentations, sharing information about LEO at the Issaquah ArtWalks, and participating in the Salmon Days and Festival at Mt Si parades. The committees are an important way for LEO to connect with the needs of the community. For more information, contact Chris Weber at [chris.weber@lifeenrichmentoptions.org](mailto:chris.weber@lifeenrichmentoptions.org) or visit our website at [www.lifeenrichmentoptions.org](http://www.lifeenrichmentoptions.org).

And, we always have a need for volunteers of any interest or skill, for individuals as well as organizations. For more information, contact Becky Kitz at [becky.kitz@lifeenrichmentoptions.org](mailto:becky.kitz@lifeenrichmentoptions.org).

We apologize if we have inadvertently sent this newsletter to you. We are implementing a new database and have made all attempts to keep records in sync. If you would like to be removed from our distribution list please email us at [info@lifeenrichmentoptions.org](mailto:info@lifeenrichmentoptions.org).